



Presents free training -

ASIST - Applied Suicide Intervention Skills Training

Pioneer RESA - March 4-5, 2019 8:00 am - 4:00 pm

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—anyone 16 or older can learn and use the ASIST model.

Program Objectives - After training, participants in the safeTALK program should be able to:

1. Understand the ways personal & societal attitudes affect views on suicide.
2. Provide guidance & suicide first aid to a person at risk in ways that meet individual safety needs.
3. Identify key elements of an effective suicide safety plan & actions required to implement the plan.
4. Appreciate the value of improving and integrating suicide prevention resources in the community.
5. Recognize other important aspects of suicide prevention including life-promotion and self-care.

Register online at <https://fcweb.pioneerresa.org/course/catalog>

Registration is limited to 30 people.
