

FOR MORE INFORMATION
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ADULTING DAY!

REAL WORLD LIFE SKILLS FOR
SENIORS

- Change a tire
- Jump off a car
- Change the oil
- Open a bank account
- Finances
- Health insurance
- Credit scores
- Fixing small household projects
(leaking toilet, water shutoff, air filter, smoke detector, picture hanging)
- Registering to vote
- Wash, dry, fold, ironing clothes
- Managing bills (utilities)
- Cooking